

Name: _____ Period: _____ Date _____

Human Services Career Cluster

Personal Care Services Pathway

Classroom Activities

- Compare and contrast the services at three different spas
- Create a welcome kit for new teachers that contains personal care items such as body scrub, nail brush, hand lotion, nail files and a candle
- Develop a new spa concept
- If available, invite a cosmetology teacher and/or cosmetology students from the local high school to speak to your students about their program
- Interview someone in personal care services
- Investigate careers within personal care services
- Investigate cosmetology schools to obtain information about the requirements of the program; length of education, admissions, financial aid information and training
- Invite a personal trainer to lead a yoga session
- Invite industry leaders to speak about their career
- Job shadow an individual in personal care services
- Make homemade soap, oils or lotions
- Play Wii Fit™ or another Wii™ wellness game
- Research a new fitness “craze”
- Role play services rendered in personal care
- Schedule a field trip to the local high school cosmetology department
- Tour a hair salon
- Tour a spa

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Service Learning Activities

- Conduct a school wide Personal Care Products project. Collect toiletries for men, women and children and donate these items to a local crisis or homeless shelter
- Host a mini-spa day for elementary students
- Contact the administrator and volunteer at a special needs facility
- Contact the administrator and volunteer at an assisted living facility
- Host a mini-spa day for teachers on your campus during their planning period
- Host a “Day of Pampering” at a local community event. Invite local Cosmetology and Barbering students to provide people with free or low cost haircuts, manicures, pedicures, and other salon treatments
- Sponsor and conduct a “Special Night Out” program. Conduct a recycle program of gently used prom attire. Low-income female students will have the opportunity to select a free prom dress. Invite local Cosmetology and Barbering students to provide male and female students with free haircuts, manicures, pedicures, and other salon treatments
- Visit a nursing home and plan to host a spa-day for the residents