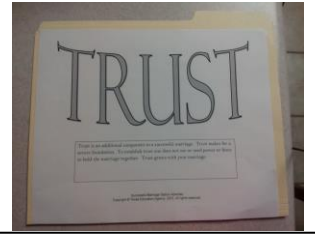


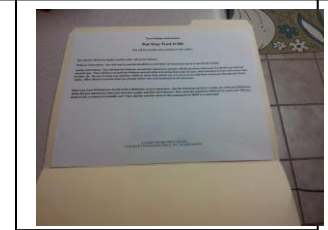
## Healthy Relationships Station Activities (Teacher Instructions)

Open the **Healthy Relationship Station Activities** document and print the pages. You will find labels and directions for each station and an activity to be placed inside the folder. See pictures for help labeling folders.

- Realistic Expectations
  - Folder label
  - “Fairy Tale Remake” instructions
  - Stationary on which students will write their fairy tales
  - Samples of fairy tales for student reference
- Good Communication
  - Folder label
  - “Sandwich Making” instructions
  - 2 slices of bread per group
  - 1 jar of jelly (closed)
  - 1 jar of peanut butter (closed)
  - 1 butter knife per group
  - 1 paper plate per group
- Sense of Humor
  - Folder Label
  - Have a Laugh Instructions - This requires the students to have access to a computer with an Internet connection. If you do not have this available then you can modify the directions and just have the students make a comic strip by drawing it on their own.
- Trust
  - Folder label
  - “Trust Walk” instructions
  - Blindfold (use a strip of fabric)
- Appreciation
  - Folder label
  - “Ways to Show You Care” instructions



Example of station folders:  
-Station label on outside  
-Station instructions inside



Tape the printed station title pages to each of five file folders. Then tape any corresponding instructions to the inside of the folders. *(For best results, laminate these before you start the activity with the students.)*

Make copies of the **Fairy Tale Stationary**. Be sure to have enough copies for students to write their fairy tales.

Instructions: Students are to move around each of the stations in groups of 3-5 (depending on how many students you have in class). This keeps students from congregating at one station while leaving the others empty. It also helps with some of the activities. The “Sandwich Making” activity needs a minimum of three students to be successful. The “Trust Walk” activity needs students to be paired together.