How Do We Compare?

One of the ways to examine if your budget is reasonable is to compare it to the national averages. Below is a list of the average percentage of income based on statistics. Using your budget, determine what percentage you spent in the same areas. (you will find the percentage by your expense/total income) If your percentages are considerably different than national averages, you may want to re-evaluate your budget. It may not be realistic.

National Percentages

٠	Food	12.6%
•	Housing	33.8%
•	Apparel & Service	3.9%
•	Transportation	17.6%
•	Health Care	5.7%
•	Entertainment	4.9%
•	Insurance & Pensions	10.9%
•	Other	10.6%

Your Percentages

Food	
Housing	
Apparel & Service	
Transportation	
Health Care	
Entertainment	
Insurance & Pensions	
Other	

Are your percentages close to the national averages?

If your answer is no, which areas of your budget do you feel you need to re-examine?