

Name _____ Period _____ Date _____

9. In what area of your life do you spend the most energy and time?

10. Do you think companies expect too much of their employees? Does this interfere with family time?

11. How do you keep your life balanced with all of your roles?

12. Are your life choices different than those of your parents?

13. How much time a day do you have to relax or for free time?

14. If you had the opportunity to change a life choice, what change would you make?

15. Additional comments: