

# Nutrition Research Assignment

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Research information from reliable nutrition sources, including print media and the Internet on topics related to the **prevention, treatment and management** of diet-related diseases, medical conditions and eating disorders.

Topics:

Acid Reflux	Anemia
Anorexia Nervosa	Bing-eating disorder
Bulimia Nervosa	Celiac disease
Childhood obesity	Coronary heart disease
Dehydration	Diabetes Type 1
Diabetes Type 2	Food allergies
Gluten intolerance	Goiter
High blood pressure (hypertension)	High cholesterol
HIV/AIDS	Lactose intolerance
Obesity	Osteoporosis
Rickets	Scurvy
Stress	

Other diet-related illnesses may be added.

Work on assignment with a partner or individually. Be prepared to present summary information to class.

Options for presenting: (choose one)

Brochure	PowerPoint™
Visual display	Written report

- Attach a relevant short video or podcast if available.
- Assignment must include title page, slides or panels, four images, and two sources (must be cited).