

## **Parent Interview**

### **A Little Thing that Changes EVERYTHING!**

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Interview a parent by asking the followings questions. After the interview, write a one-page personal reflection on what you learned from this interview and how you plan to use the information now and in the future.

Name of parent \_\_\_\_\_

Ages of children \_\_\_\_\_

1. What are your long-term goals as an individual?
  
2. What plans do you have to meet these long-term goals?
  
3. What are your career plans? Did you obtain a college/technical school degree before becoming a parent? How did parenthood fit into your career plans?
  
4. At what age did you start a family? Do you feel you were ready mentally to become a parent? Why?
  
5. What was your initial reaction when you found out you were going to become a parent?
  
6. What were some emotional adjustments you experienced being a first time parent?
  
7. How does planning your monthly budget fit into the necessary expenses of having a child?

8. How have you adjusted your social life in order to spend time at home with a baby or your children?
  
9. Why do you need to have patience, understanding and good parenting skills as a parent?
  
10. Why is it important to control your temper as a parent?
  
11. What advice would you give first time parents?
  
12. What is your favorite thing about being a parent?
  
13. Do you have a special needs child? If so, how has this impacted your life and parenting responsibilities?
  
14. Any additional advice or comments: