# Principles and Areas of Human Development

## Instructional Practices in Education and Training

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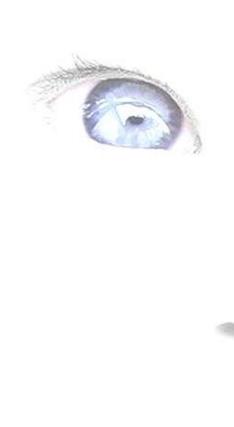
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### Principles of Human Development

# Development is similar for everyone



# Development builds on earlier learning



#### Cephalocaudal-From head to foot



#### Proximodistal-From near to far





# The different areas of development are interrelated

# Development proceeds at an individual rate

# Development is continuous throughout life



"Seek the wisdom of the ages but look at the world through the eyes of a child." Ron Wild



#### With a partner:

- 1. Write down one principle of development
- 2. Draw a visual representation of the principle
- 3. List five (5) examples/situations that represent the principle



# Areas of Human Development P-I-E-S

**Areas = Aspects, Domains** 

## Physical Development

#### Intellectual Development

## Also known as Cognitive Development

## **Emotional Development**

## Social Development

Emotional and Social Development are often grouped together and referred to as Social-Emotional Development



## Questions?

#### Resources and References

• Bredekamp, Sue. Effective Practices in Early Childhood Education. Pearson, 2011.

Herr, Judy. Working With Young Children. Goodheart-Wilcox. 1998.

- National Association for the Education of Young Children (NAEYC). Site provides brief summary of developmental practice designed by NAEYC. <a href="http://oldweb.naeyc.org/ece/1998/05.asp">http://oldweb.naeyc.org/ece/1998/05.asp</a>
- Texas Education Agency website for Texas Essential Knowledge and Skills <a href="http://www.tea.state.tx.us/index2.aspx?id=6148">http://www.tea.state.tx.us/index2.aspx?id=6148</a>