Questions - Exploring Your Values and Priorities

Instructions: Upon completion of the "Exploring Your Values and Priorities" exercise, answer the following questions.

- 1. What values/priorities remained on your desk or table?
- 2. Why are those values/priorities important to you?
- 3. Was this activity relatively easy for you? Explain your answer.
- 4. Which values/priorities were the easiest to eliminate? The hardest to eliminate?
- 5. What did you learn from this activity? What did you learn about yourself?
- 6. How will your list of values/priorities affect your life? How will your list of values/priorities influence the development of your leadership skills?
- 7. What difficult choices do you think you may have to make as you get older?

- 8. What are some possible life events that could occur that may cause you to reevaluate your values/priorities?
- 9. How might you prepare to make difficult choices in the future?
- 10. Do you think your values/priorities might change in five, ten, twenty years from now? How?

Adapted from: Katherine Beggs and Lacey Solheid SlideShare Leadership Games and Activities Interns at Montana State University Billings Summer 2013. http://www.slideshare.net/lsolheid/leadership-games-and-activities

bage Z