

Use of Technology in Counseling and Mental Health Situation Cards

Instructions: Print and separate the cards. Divide students into groups. Have each group draw a card from a container. Instruct groups to think of effective networking tools and technology that can be utilized in successful counseling and treatment techniques for their client(s) and incorporate the information as an infographic.

An adolescent client has abandonment issues

A client has anger management issues

A college student is experiencing depression

A five-year-old child was abused

A 50-year-old man has substance
abuse issues

A 44-year-old woman has claustrophobia

A 30-year-old woman experiences
severe panic attacks whenever she
walks into any store

A 23-year-old woman has been
secretly binge eating

A 60-year-old woman living in a remote area of Alaska has been experiencing panic attacks

A 17-year-old cheerleader is suffering from anorexia nervosa

A couple married fifteen years is having marital problems. They live eight hours away from the nearest city and counselor.

A 14-year-old female has behavioral and academic issues. Her parents are seeking family therapy.

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