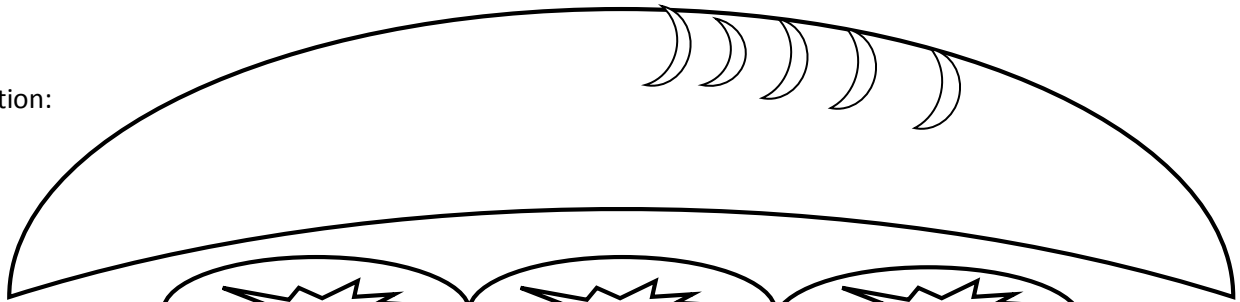


The Sandwich Generation

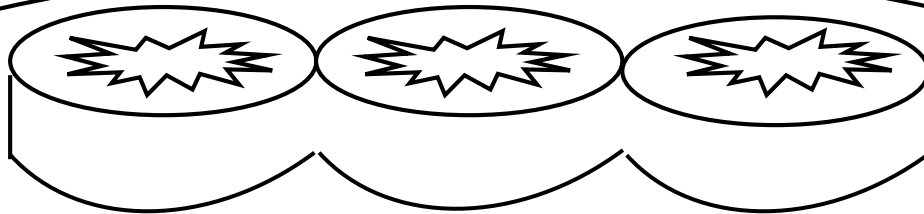
If you are living in a sandwich generation household, how do you balance your family, career and caring for an older adult? Describe in detail the burdens and responsibilities of middle-aged individuals.

Write the definition of sandwich generation on the top bun. Add the supporting details in the middle sections and the conclusion on the bottom bun.

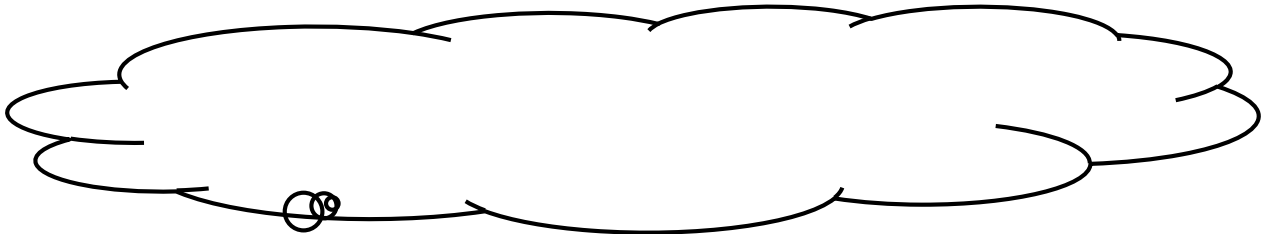
Definition:



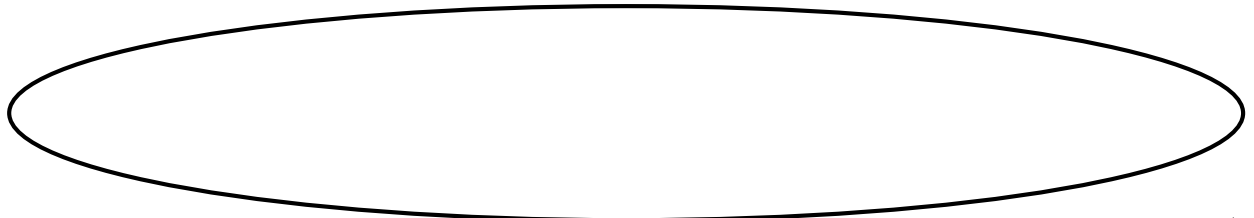
Financial burdens:



Family Responsibilities:



Providing Care and Emotional Support:



Conclusion:

